



ESGENA Programm during ESGE Days 2026

May 14-16, 2026, in Milan, Italy

<https://esgedays.org/>

Dear Colleagues,

We are very much looking forward to welcoming you all to Milan for ESGE DAYS 2026 from May 13-16, 2026. The scientific committee has worked diligently to develop the best possible approach for presenting scientific content in a comprehensive program. This program will showcase innovative ideas and procedures for everyone working in the field of endoscopy.

The success of an endoscopy unit is based on a dedicated, multidisciplinary team working together toward the goal of safe and effective patient care. ESGE and ESGENA therefore emphasize teamwork, where the endoscopy team learns and develops together. Building on this principle, the ESGENA Spring School is an integral part of ESGE DAYS and offers the endoscopy nursing community a diverse program, including:

- Joint sessions for physicians and nurses with interactive discussions, debates, and live demonstrations
- Specialized sessions for nurses focusing on patient care, support, and management

This year, ESGE and ESGENA are offering a course on safe sedation in endoscopy for the first time, where participants will practice various scenarios in small groups using human patient simulators.

The ESGENA Nurses Hot Spot offers intensive training on various endoscopic techniques. You can find us in the industry exhibition. Participation is possible without prior registration.

We look forward to welcoming you to Milan.

Sincerely,

Deepa J. Gandhi, President ESGENA

Registration

Your benefit as an ESGENA individual member:

- ESGENA individual members are eligible to reduced rates for all onsite and digital formats of the ESGE Days (see overview below)

Benefit for new members:

- If you aren't an ESGENA Individual Member yet, join now using our special, combined package of ESGENA membership and registration of ESGE Days 2025.

Link for registration: <https://esgedays.org/registration>

	Onsite in Milan Early Bird before 31.3.2026	Onsite in Milan After 1.4.- 12.5.2026	Onsite in Milan Onsite Last Minute from 13.5.2026	Digital Package
ESGENA Individual Member Member of ESGENA	150 €	185,00 €	210,00 €	65,00 €
Non-Member Nurse Any gastroenterology or endoscopy nurse or associate, not a member of ESGENA	210,00 €	240,00 €	265,00 €	85,00 €
Postgraduate Course ** - for ESGENA Members	95,00 €	95,00 €	95,00 €	--
Postgraduate Course ** - for non-ESGENA Members	125,00 €	125,00 €	125,00 €	--
Hands-on Training on bio-simulators ** - for ESGENA Members	50,00 €	50,00 €	50,00 €	--
Hands-on Training on bio-simulators ** - for non-ESGENA Members	105,00 €	105,00 €	105,00 €	--
Safe Sedation Course **	35,00 €	35,00 €	35,00 €	

**** can only be booked in combination with the core programme)**

ESGENA “Warm-ups

towards the ESGE Days and the ESGENA Spring School



The “**ESGENA warm-ups**” are four webinars as a countdown towards the ESGE Days and the ESGEN Spring School 2026. All ESGEN warm-ups are a **free of charge**. After registration you will receive a Zoom link. You will be able to meet medical and nurse experts, microbiologists and experts from the industry. A varied program will update you on endoscopic techniques, and current topics around hygiene and infection control.

April 16, 2026	18:00-19:30 CET	ESGENA Warm-up 1 before ESGE Days	Hygiene& Infection Control	
April 23, 2026	18:00-19:30 CET	ESGENA Warm-up 2 before ESGE Days	Endoscopic techniques	
April 30, 2026	18:00-19:30 CET	ESGENA Warm-up 3 before ESGE Days	Hygiene& Infection Control	
May 7, 2026	18:00-19:30 CET	ESGENA Warm-up 4 before ESGE Days	Endoscopic techniques	Ovesco

Schedule for ESGE Days 2026 onsite in Milan

Wednesday		Nurses Hot Spot	Hands on Training
12:30-17:30	Safe Sedation in Endoscopy Course		
12:30-19:00	Post graduate Course		
Thursday	ESGENA Sessions	Nurses Hot Spot	Hands on Training
09:30-10:00			Hands- on Sessions: Endoscopic techniques & Sedation Course 09:30-11:00
10:00-11:00	ESGENA Oral Presentations : Management & Hygiene		
11:00-11:30		ESGENA Hot Spot	
11:30-12:30	ESGENA and ANOTE-ANIGEA-Joint Session: Hygiene in Endoscopy - more complex than expected		Hands- on Sessions: Endoscopic techniques & Sedation Course 11:45-13:15
12:30-13:15			
13:15-14:00		ESGENA Hot Spot	
14:00-15:00			Hands- on Sessions: Endoscopic techniques & Sedation Course 14:00-15:30
15:00-15:30			
15:30-17:00			
17:30-18:00	ESGE Days Welcome Reception		
Friday	ESGENA Sessions	Nurses Hot Spot	Hands on Training
09:00-10:00	Live Endoscopy		Hands- on Sessions: Endoscopic techniques & Sedation Course 09:30-11:00
10:00-10:30		ESGENA Hot Spot	
10:30-11:30	ESGENA Joint Session: Fit for Fun - Ergonomics in Endoscopy		
	Live Endoscopy		
11:30-12:00		ESGENA Hot Spot	
12:00-13:00	ESGENA Joint Session: Teamwork – how to solve difficult situations		Hands- on Sessions: Endoscopic techniques & Sedation Course 11:45-13:15
	Live Endoscopy		
12:45-13:45	ESGENA Lunch Session – New trends and developments		
13:00-14:30		ESGENA Hot Spot	
14:30-15:30	Pitch your Poster session: All around Endoscopic nursing		Hands- on Sessions: Endoscopic techniques & Sedation Course 14:15-15:45
	Live Endoscopy		
15:30-16:00		ESGENA Hot Spot	
16:00-17:00	Nursing Oral Presentation Session: Endoscopic Procedures & Patient Care		
	Live Endoscopy		Hands- on Sessions: Endoscopic techniques 16:30-18:00
17:00-17:30			
17:30-18:30	Tips and Tricks Session Core endoscopy: How to build your perfect Endoscopy unit		
	Live Endoscopy		
Saturday	ESGENA Sessions	Nurses Hot Spot	Hands on Training
08:30-09:30	ESGENA Spring School 1: Education – key to quality in Endoscopy		
09:30-10:00		ESGENA Hot Spot	
10:00-11:00	ESGENA Spring School 2: Patient Care in Endoscopy		Hands- on Sessions: Endoscopic techniques 09:30-11:00
11:00-11:30		ESGENA Hot Spot	
11:30-12:30	ESGENA Spring School 3: Management of Endoscopy Units – Challenges and Resources		Hands- on Sessions: Endoscopic techniques 11:30-13:00

ESGENA Programme during the ESGE Days 2026

Thursday 14 May 2026

10:00-11:00 ESGENA Oral Presentations: Management & Hygiene

Aqua 3+4

Chairs	Joseph Garzia Stafrace, Malta Patricia Burga, Italy Siiri Maasen, Estonia
10:00-10:10	000387 - Tradition vs Innovation: automated brushless pre-cleaning as a green revolution in reprocessing: Preliminary Results of a Prospective Randomized Study <u>Arianna Parrella</u> , G. F. Bonura , T. Gabbani , N. Gualandi , E. Algeri , P. Soriani , M. Manno, Italy
10:10-10:20	000859 - Microbiological Monitoring of Endoscopes: A Single-Center Observational Study J. Dolcini , S. Giacomelli , S. Fiorenza , G. Firmani , S. D'agostino , A. Belvedere , M. G. Gioia , L. Larcinese , M. M. D'errico , P. Barbadoro , M. Montori , E. Bendia , A. Benedetti, Italy
10:20-10:30	002291 - Optimising Endoscopy Workflow Efficiency: A Multi-Level, Burnout-Aware Intervention Framework Helena Costa, Portugal
10:30-10:40	002374 - Standardized sedation protocol for endoscopy: safety and effectiveness C. Lavín Expósito , C. Castellanos Ramirez , A. Bouhmidi Assakali , A. M. Cofrade Delgado , R. M. Jurado Monroy , M. Velasco Del Burgo , P. Vozmediano Sánchez , M. G. Teno, Spain
10:40-10:50	002492 - The Benefits of a Patient Safety Checklist for Endoscopy Assistants. A Prospective Multicentric Study <u>K. Tari</u> , M. Varga , Z. Lengyel-Nagy , M. Szónyi , I. Sovány , T. K. Garami , A. Takáts , S. Varga-Csuka , K. Fried , L. Huszár , N. A. Gulyás , F. Pakodi , I. Szabó , R. Hágendorn , B. Kővári , S. Langhammer , T. Bubán , J. Buti , Z. Dubravcsik , M. T. Csicsóné , Z. Kovalcsik , B. Söptei , R. Takács , K. P. Kuizs , B. Kanyó , É. M. Varga , L. Czakó , Á. Szabó , J. Bezsilla , A. Grenda , T. Kristóf , B. A. Bacskainé , B. Lombay , M. E. Mogyorósiné , A. Sebők , A. Tóth , A. V. Patai , D. E. Gálné , Z. Virág , M. Szalmási , B. Mészáros , I. Kovács , J. P. Hegyi , S. Vánca , E. Fürst , D. Tarján , P. Hegyi , E. Tari , B. Erőss, Hungary
10:50-11:00	0302130 - The Endoscopy Nurse: Profiling and Evaluating Advanced Competencies – Preliminary Results <u>Andrea Minciullo</u> , D. Tartaglino , F. Lucia , G. Riccardo , I. Dhurata Italy

Thursday 14 May 2026
11:30-12:30 **ESGENA and ANOTE-ANIGEA-Joint Session: Hygiene in Endoscopy - more complex than expected**
Coral 2

Chairs Ulrike Beilenhoff, Germany
Arianna Parrella, Italy

11:30-11:50 **Basic knowledge is key for quality in Endoscopy - Endoscope damages and failures due to misuse and incorrect techniques**
Elissavet Apostolidi, Greece

11:50-12:10 **EXPIRE – impact of the expiring date of endoscopy accessories on sustainability**
Enrique Rodriguez de Santiago, Spain

12:10-12:30 **Microbiological Surveillance – Is a worldwide harmonisation possible?**
Lionel Pineau, France

Thursday 14 May 2026
17:30-18:00 **ESGE Days Welcome Reception**
Allianz Mico

Friday **15 May 2026**
09:00-10:00 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 1**
(Coral 4+5)

Chairs Wendy Carmel, Denmark

Friday **15 May 2026**
10:30-11:30 **ESGENA Joint Session:**
Coral 2 **Fit for Fun - Ergonomics in Endoscopy**

Chairs Konstantinos Triantafyllou, Greece
Ingrid Karström, Sweden

10:30-10:50 **Ergonomics and Endoscopy related injuries among endoscopists and**
endoscopy nurses– what can we learn from recent surveys?
Javier Tejedor Tejada, Spain

10:50-11:10 **Ergonomics in Endoscopy – Structure and Process quality**
Elena Brandi , Italy

11:10-11:30 **The gym in your department - exercises to reduce musculoskeletal problems**
Joshua Inbaraj, Ireland

Friday **15 May 2026**
10:30-11:30 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 2**
(Coral 4+5)

Chairs Marjon de Pater, Netherlands

Friday **15 May 2026**
12:00-13:00 **ESGENA Joint Session:**
Coral 2 **Teamwork – how to solve difficult situations**

Chairs Camille Dutronc, Switzerland
Ioannis Papanikolaou, Greece

12:00-12:20 **Upper GI bleeding - managing techniques from A to Z**
Charitini Aga & Georgios Theocharis, Greece

12:20-12:40 **ERCP – the dance with the wire**
Hannah van Malenstein & Hilde Willekens, Belgium

12:40-13:00 **Resection techniques – cold - hot -stay cool**
Fabio Grilli & Tommaso Rozera, Italy

Friday **15 May 2026**
12:00-13:00 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 3**
(Coral 4+5)

Chairs Katarina Karlovic, Croatia

Friday **15 May 2026**
12:45-13:45 **ESGENA Lunch Session on new trends and developments**
Aqua 3+4

Chairs Krisztina Tari, Hungary
Joseph Garzia Stafrace, Malta

Friday **15 May 2026**
14:30-15:30 **Pitch your Poster session:**
Emerald 3 **All around Endoscopic nursing**

Chairs	Sean Connelly, Ireland Agnes Zaininger, Austria Margret Marin Arnardottir, Iceland
14:30-14:36	000167 - Innovative Nursing Maneuvers for Difficult Colonoscopies <u>Roberto Mazzarini</u> , P. Leonardi Italy
14:36-14:42	000571 - Nursing clinical competence in the management of percutaneous endoscopic gastrostomy (PEG): a prospective observational study among hospital and community nurses of AUSL Piacenza <u>Elisa Benedetti</u> , M. G. Droghi , C. Citterio , D. Fava , R. Sarti , A. Contini , G. Aragona Italy
14:42-14:48	001181 - Implementation of the esophageal VacStent in patient management: Case Report <u>Ana Bertić</u> , I. Ivančević , J. Erceg Croatia
14:48-14:54	001185 - New tool for EUS-guided tissue acquisition <u>Suzana Boljesic</u> , I. R. Ana , J. Erceg , M. Vedris , M. Gordana , T. Pavic Croatia
14:54-15:00	001573 - Green endoscopy: a new paradigm <u>Marlene Hipolito</u> , M. Joana , J. M. Maria Portugal
15:00-15:06	001686 - Establishment of the digestive endoscopy on-call nursing team in a tertiary hospital Yaiza Carmen Torres Zamora, L. Hernández Ponce , M. Gonzalez Gonzalez Spain
15:06-15:12	002270 - The role of nurses in the use of duodenoscopes in emergency situations: towards a specific on-call system <u>Anne Vidil</u> , C. Audiau au ,France
15:12-15:18	002741 - The environmental impact of gastrointestinal endoscopy: a single-Center analysis of waste segregation <u>L. Fiorona</u> , R. Italiano , P. Biancheri , E. Armellini, Italy
15:18-15:24	002747 - Application of “Patient Safety Strategy of SERMAS 2027” in Endoscopy Unit <u>D.-R. Diaz-Rodriguez</u> , M. Granados-Martin, Spain
15:24-15:30	01189 - Standing Strong: Overcoming Ergonomic Challenges in Endoscopy Nursing Viktoria Lovric , S. Boljesic , Croatia

Friday **15 May 2026**
14:30-15:30 **Live Demonstration from the Humanitas University Medical**
Plenary Room **School, Milan. Session 4**
(Coral 4+5)

Chairs Deepa Gandhi, Ireland

Friday **15 May 2026**
16:00-17:00 **ESGENA Oral Presentation Session:**
Aqua 3+4 **Endoscopic Procedures & Patient Care**

Chairs Joseph Garzia-Stafrace, Malta
Patricia Burga, Italy
Siiri Maasen, Estonia

000184 - Establishing a Structured Barrett's Esophagus Care Program to Enhance Patient Engagement and Care Continuity in a High-Volume Tertiary Center: A Quality Improvement Framework

Teresa Brownie, K. Khalaf, J. Clancy, M. Mahjoob, S. Gupta, N. Calo, J. Mosko, C. Teshima, G. May Canada

000407 - Optical diagnosis of diminutive colorectal polyps performed by endoscopy nurses using virtual chromoendoscopy or Computer-aided diagnosis (CADx) system: preliminary results of a prospective single-center study

Lisa Calabria, F. Prandi, L. Treppete, A. Busnelli, L. Orsingher, A. Gatti, F. Carcangiu, L. Cassinari, E. Carpani Italy

000683 - Establishing Recommendations to Develop a Standardized Curricula for Nursing Education and Training in ERCP: a Modified Delphi Consensus

Dawn Banavage, K. Khalaf, K. Suen, J. Duong, A. Khan, J. Alejaga, E. Bak, V. Borromeo, M. Chan, A. Dmello, S. Ewing, S. Lien, C. Low, E. Luyten, A. Mahmoud, J. Malik, S. Na, A. Peute, S. Salvato, S. White, M. Wong, V. Vittas, V. Lesley, J. Vanderheyden, N. Calo, J. Mosko, G. May, J. Clancy, Canada

000731 - Nurse-Led Identification of High-Risk Patients for Post-ERCP Symptom Burden to Guide Targeted Post-Procedure Nursing Education

Wayne Reyes, K. Khalaf, M. Mahjoob, J. Clancy, Canada

000746 - Analysis of the quality of endoscopic reports for screening colonoscopy using the human error rate prediction (THERP) technique. A retrospective analysis at the Endoscopy Clinic of Senigallia (Central Italy)

Elisabetta Palma, A. Kostandini, A. Di Sario Italy

001989 - **Nursing consultation for biofeedback. Improving the quality of life of our patients**

Yaiza Carmen Torres Zamora, YM. Gonzalez Gonzalez , L. Hernández Ponce
Spain

Friday 15 May 2026
16:00-17:00 Live Demonstration from the Humanitas University Medical School, Milan. Session 5
Plenary Room
(Coral 4+5)

Chairs Anastasia Tsalouka, Greece

**17:30-18:30 Tips and Tricks Session Core endoscopy:
Coral 3 How to build your perfect Endoscopy unit**

Chairs Peter Siersema , Netherlands
Theodor Voiosu, Romania
Wendy Carmel, Denmark

17:30-17:45 **Organization & business plan**
Marcel Tantau, Romania

17:45-18:00 **Mandatory technology**
Rees Colin, United Kingdom

18:00-18:15 **Team and workflow**
Ulrike Beilenhoff, Germany

18:15-18:30 **Auditing performance and sustainability: eco conception of endoscopy units**
Mathieu Pioche, France

Friday 15 May 2026
17:30-18:30 Live Demonstration from the Humanitas University Medical School, Milan. Session 6
Plenary Room
(Coral 4+5)

Chairs Eric Pflimlin, Switzerland

Saturday 16 May 2026
08:30-09:30 ESGENA Spring School 1: Education – key to quality in
Aqua 3+4 Endoscopy

Chairs	Terhi Peltosaari, Finland Yuri Guriel; Israel
10:30-10:50	Nurse education project in Nigeria. Mel McCallum & Nurin Mohammad, United Kingdom
10:50-11:10	The national JETS system of training and accreditation – is an implementation on the European level desirable? Lindsey Scarisbrick, United Kingdom
11:10-11:30	Behind the scope: training tomorrow’s endoscopy experts Thalita Van Hulle, Belgium

Saturday 16 May 2026
10.00-11:00 ESGENA Spring School 2: Patient Care in Endoscopy
Aqua 3+4

Chairs	Daniela Burtea, Romania Katarina Karlovic, Croatia
10:00-10:20	Yoga in Endoscopy - Proper position of the patient during the different procedure Haenebalcke Karolien, Belgium
10:20-10:40	Patient Involvement in Developing Patient Information Hazel Cagayan, United Kingdom
10:40-11:00	Establishment of NAPS in the Netherlands Marjon de Pater, Netherlands

Saturday 16 May 2026
11:30-12:30 ESGENA Spring School 3: Management of Endoscopy Units –
Aqua 3+4 Challenges and Resources

Chairs	Anastasia Tsalouka, Greece Tove Anette Hennissen, Norway
11:30-11:50	Workforce, resilience, and patient safety Patricia Burga, Italy
11:50-12:10	The "Gaslighting" phenomenon at work Aglaia Katsiroumpa; Greece
12:10-12:30	Retention strategies for staff Deepa Gandhi, Ireland

ESGENA NURSES HOT SPOT

The ESGENA Nurses Hot Spot in the middle of the exhibition area is a meeting point for nurses and physicians. We offer hands-on training and discussions on the latest developments and current techniques during the coffee breaks. Each time slot will focus on one topic.

Pre-registration is not required.

Take a break, discuss questions from your daily practice with experts, get to know the latest tools for the following techniques:

- Hemostasis
- Resection techniques
- ERCP & EUS
- PEG in Pull through and Hybrid Technique
- Hygiene and infection control



Hands-on Training on Biosimulators

ESGE Days hands-on training (HOT) sessions are designed to provide participants with the opportunity to put what they learn during lectures into practice. Available only to delegates at the on-site congress, these small group, expert-led sessions will cover a variety of topics both standard and cutting edge.

Quality Faculty: learn from the best

- ESGE Days HOT is led by top-tier faculty — many of whom are guideline authors, renowned educators, and leaders in European endoscopy.
- Faculty are hand-picked for teaching ability, not just reputation.
- Participants leave feeling they were taught by the people setting the standards, not just following them.

Intimate, small-group training

- Low participant-to-faculty ratio.
- Real hands-on time with direct faculty guidance and feedback.

Collaboration with ESGENA

- ESGE HOT benefits from close collaboration with ESGENA, the leading European society for GI endoscopy nurses and associates.
- Sessions are designed to reflect the real-world teamwork between physicians and nurses in endoscopy units.
- This joint approach enhances training quality, improves communication, and reflects the multidisciplinary reality of clinical practice.
- It creates a more complete, practical, and inclusive learning environment that values every role in the endoscopy team.

New in 2026: Safe Sedation Course

We are excited to offer this new course focused on endoscopic procedural sedation. Under the direction of Professor Stefano Romagnoli, Head of the Department of Anaesthesia and Critical Care at Careggi Hospital in Florence, Italy, this course will offer a limited number of participants the opportunity to dive deep into critical aspects of sedation in the clinical setting. Professor Romagnoli will be joined by an expert ESGE-ESGENA faculty and the course will be closely aligned with the new ESGE-ESGENA guidelines and curricula on sedation which are currently being prepared for publication.

This highly practical course is taught in two parts, combining theoretical instruction and hands-on training on Real-life Patient-Simulators. Please note that this is an exclusively in person course.

Theory: The first session will be held on Wednesday, May 13, 2026, from 12:30 – 19:00, prior to the core ESGE Days 2025 event (Thursday, May 14 - Saturday, May 16). It will feature theory and practical demonstrations on the following topics:

- Pre-endoscopy assessment and evaluation
- Patient monitoring and equipment
- Analgesic and sedative agents
- The Nurse's Role in Sedation
- Adverse events and rescue, basic airway interventions

Practise: Thursday, May 14 - Saturday, May 16

The second part of the course will be a 1,5 hour hands-on training session on Real-life Patient-Simulators during the core event. These sessions will involve practical training on the AQA sedation model which allows for simulation of real-life sedation scenarios. A maximum of 8 participants will be allocated to each session ensuring that all participants have adequate time to perform tasks on the simulator.

ESGENA E-Poster

1. 000472 - **Interventions to increase adherence to colorectal cancer screening programs**
Nelson Martins, H. Castro , P. Pontífice-Sousa Portugal
2. 000599 - **Multidisciplinary approach to treating obesity using endoscopic methods in a tertiary healthcare institution**
Katarina Karlović , Croatia
3. 000993 - **The Impact of Deploying Specialized Physicians and Nurses in Rural Areas on the Accessibility and Quality of Health Services (A Case Study from 2024–2025)**
Enkhchimeg Tuul, Mongolia
4. 001186 - **Nursing Contributions to the Safety and Efficacy of Rectal Endo-Sponge Therapy – Case Report**
Karla Božilović, S. Boljesic , Croatia
5. 001692 - **My worst case scenario: Voluntary ingestion of foreign bodies by an teenage psychiatric patient**
Yaiza Carmen Torres Zamora, L. Hernández Ponce , M. Gonzalez Gonzalez , Spain
6. 001710 - **Evaluation of patient satisfaction and compliance during digestive endoscopy**
Eleni. Kyvelou , A. Panagaki , G. Tziatzios , N. Mathou , A. Giannakopoulos , G. Aggelopoulos , P. Gkolfakis , V. Papastergiou , S. Petraki , K. Glezou , M. Kahtsidou , K. Paraskeva , A. Vezakis , I. Vlachogianonakos , G. Karamanolis, Greece.
7. 001948 - **Novel methods of endoscopic submucosal dissection – case report**
Viktor Brusic , K. Karlovic, Croatia