19th ESGENA Conference
24-26 October 2015

Hosted by the Spanish Society of Endoscopy Nurses and Associates (AEEED) and the Spanish Society of Digestive Disease Nurses (AEEPD)

In Conjunction with the 23rd United European Gastroenterology Week at the Fira de Barcelona, Spain

Further Information:
www.ueg.eu/week/esgena/
World of Welcome

Dear colleague,

On behalf of ESGENA, the Spanish Society of Endoscopy Nurses and Associates (AEEED) and the Spanish Society of Digestive Disease Nurses (AEEPD) it is our great pleasure to invite you to the 19th ESGENA Conference which will be held during the 23rd United European Gastroenterology Week, 24-26 October 2015, in Barcelona, Spain.

Following past meeting in 2010, this is the second time that the medical and nursing community of Gastroenterology and Endoscopy will meet in Barcelona.

The ESGENA conference is not only an opportunity to meet colleagues from throughout Europe, but also from North and South America, Africa, Asia and Australia. The exchange with nurses from all over the world combined with the opportunity to attend the medical programme of the UEG Week ensures the ESGENA conference is an exceptional educational event.

The three day ESGENA conference will include state-of-the-art lectures, free papers & posters, lunch sessions, several workshops with hands-on training and live transmissions covering current topics in Gastroenterology and Endoscopy.

We hope to welcome you to the 19th ESGENA Conference in October 2015 in Barcelona.

Jayne Tillett, President of ESGENA
Enriqueta Hernandez-Soto, President of AEEED
Paloma Hernandez Sampelayo Matos, President of AEEPD

10 reasons to attend the ESGENA Conference

1. World class platform for interaction
   The ESGENA conference is a premier venue for nurses to present their experiences, studies and projects.

2. Platform for networking with peers
   The ESGENA conference is a unique venue for expanding your professional network.

3. Scientific variety
   The conference includes state-of-the-art lectures, free papers & posters, lunch sessions, workshops with hands-on training and live transmissions. Interesting topics in Gastroenterology and Endoscopy will ensure a truly global context.

4. Emphasis on Interactivity
   A full and varied programme will encourage networking and communication between the delegates – between both individual nurses and national groups.

5. Awards for the best free paper and the best poster
   The best free paper and poster awards promote best clinical practice and research in GE and endoscopy nursing.

6. Advancement of professional status
   The ESGENA conference provides a platform for professional development.

7. Cooperation with other professional groups
   The combined programme of UEG Week and the ESGENA conference reflects the multidisciplinary team work in clinical practice and research.

8. Hands-on training
   In combination with ESGE, ESGENA offers high quality hands on training in small groups to improve endoscopic skills.

9. Workshop atmosphere
   The ESGENA conference is geared towards group learning in a workshop atmosphere.

10. Comprehensive industry exhibition
    The extensive industry exhibition covers the entire spectrum of gastroenterology.
Registration fees for the ESGENA conference, 24-26 October 2015:

<table>
<thead>
<tr>
<th>Registration</th>
<th>by May 12, 2015</th>
<th>by September 12, 2015</th>
<th>after September 12, 2015</th>
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<tbody>
<tr>
<td>ESGENA Conference</td>
<td>€ 185</td>
<td>€ 200</td>
<td>€ 250</td>
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</tbody>
</table>

- It is essential that nurses bring a copy of their professional standing or similar identification to the conference registration desk in order to prove their status (confirmation by employer, proof of education or registration as a nurse).
- If you would like to register up to 10 delegates, please register each person individually.

**Registration includes**
- Admission to all ESGENA scientific sessions and workshops (Saturday - Monday)
- Admission to the UEG Week scientific sessions (Monday)
- Admission to the UEG Week poster and technical exhibition (Monday)
- Admission to the ESGE Learning Area (Saturday - Monday)
- Admission to the Ultrasound Learning Centre (Saturday - Monday)
- Unlimited use of Barcelona public transportation system (ticket is valid from Saturday through Monday).
- Congress materials (final programme, ESGENA abstract book, etc.)
- Coffee breaks and lunches (Saturday - Monday)
- If nurses are interested to attend the UEG Week on Tuesday and Wednesday, please contact Ulrike Beilenhoff (ESGENA Scientific Secretariat, email: UK-Beilenhoff@t-online.de)

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**General Information**

**Congress Organisation & Registration:**
CPO HANSER SERVICE GmbH
Paulsborner Straße 44
14193 Berlin, Germany
T +49 (0)30 300669-0
F +49 (030) 3057391
uegweek2015@cpo-hanser.de

**ESGENA Scientific Secretariat**
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Ulm, Germany
Phone: +49-731-950 39 45
E-mail: UK-Beilenhoff@t-online.de

**ESGENA Technical Secretariat**
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Am Kastell 2, 85077 Manching, Germany
Phone: +49 (0) 8459/323941
Fax: +49 (0) 8459/323942
E-mail: info@esgena.org

You may also contact:
- For ESGENA: www.esgena.org
- Conference: www.ueg.eu/week
Call for Abstracts for 19th ESGENA Conference

ESGENA invites colleagues from Europe and from all over the world to present their experience, studies and projects at the 19th ESGENA Conference in October 2015 in Barcelona, Spain. Participants wishing to submit abstracts can do so only in electronic format by sending a MS Word document with their abstract by e-mail to:

Ulrike Beilenhoff,
ESGENA scientific secretariat
Email: UK-Beilenhoff@t-online.de

The authors will receive an official confirmation within 3-5 days after submitting their abstract. If authors do not get an official confirmation within 5 days, please send the abstract again to Ulrike Beilenhoff and a copy to the ESGENA technical secretariat: info@esgena.org.

Deadline for submitting abstracts: May 31, 2015

General Information on Abstract Submission

Participants are invited to submit original scientific abstracts for oral or poster presentation. Authors have to conform to the following guidelines for abstract submission. Those not conforming to the guidelines will not be considered for reviewing.

- Abstracts must be submitted in English and must be presented in English.
- Abstracts will be reviewed by a panel of experts and may be selected for oral or poster presentations, or may be rejected.
- Notification of acceptance (for oral or poster presentation) or rejection by the Scientific Programme Committee will be e-mailed to the presenting author by June 30, 2015.
- Detailed information, guidelines and recommendations for oral or poster presentation, as well as day, time and room will be sent in due time to duly registered presenting authors. The time allotted for each oral presentation will be 10 minutes, followed by 5 minutes of question time. During the poster round, authors of posters should also be prepared to answer questions in English.
- The presenting author of an accepted free paper or poster will receive a free registration to the ESGENA Conference.
- Accepted abstracts will be published in the ESGENA Abstract Book, in the ESGENA NEWS and on the ESGENA website.

The abstract should be typed as follows:

- Use font that is easy to read such as Arial, Times Roman, Helvetica or Courier fonts.
- The abstract must not be more than 500 words long or must not fill more than one A4 page, using type in 12-point font.
- A brief title, which clearly states the nature of the investigation, with the entire title in capital letters.
- Abbreviations should, if possible, be avoided in the title, but may be used in the text if they are defined on the first usage.
- The authors’ names (full first name, surname) and the institution (hospital, university, organization, city and country, e-mail and fax number) where the research was carried out, with the name of the presenting author underlined.
- Use single line spacing.
- Include tables if necessary.
- The abstract should be as informative as possible.
- The abstract should have a logical, scientific structure (introduction, main objectives, method, results, conclusion, summary, references, learning outcomes for audience).
- Statements such as „results will be discussed „ or „data /information will be presented „ cannot be accepted.
- Please ensure that your abstracts do not contain any spelling, grammar or scientific errors, as it will be reproduced exactly as submitted.
- The abstract should have a nursing relevant content and should add to existing knowledge.
The abstract should have a minimum of 2 relevant References
The abstract should state 2 things the delegates could learn from your presentation

How to prepare a well-written abstract

You can use the template to complete all sections

<table>
<thead>
<tr>
<th>Scientific Abstract Template</th>
<th>Explanatory Notes</th>
<th>When completed, and before submission – delete this column</th>
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</thead>
<tbody>
<tr>
<td>Title</td>
<td>10 – 12 words that capture the relevance and essence of the research</td>
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| Introduction / Background    | - What has been investigated  
- Why is the research important.  
- Context of the study - has something similar already been done and how the presented work differs |
| Aims / Objectives            | - The purpose of the RESEARCH / project– not of the abstract!  
- Providing a brief synopsis  
- Hypothesis, question or concept underpinning the research. |
| (Research) Methods *         | - Should describe HOW the AIMS of the research were achieved.  
- What the research/project involved - for example:  
  * Short description of the study design  
  * Underpinning theoretical or conceptual frameworks,  
  * Sampling technique(s) used, e.g. qualitative or quantitative,  
  * Retrospective or prospective  
  * Method of data collection: e.g. review, surveys, focus groups, patient cohorts etc.  
  * Sample size, criteria for selection and exclusion,  
  * Randomised or non-randomised.  
  * Type / method(s) of data analysis (tests)  
  * Statistical or interpretative analysis software programs used (GENERIC name of the software)  
  * If applicable: state if Ethics Approval was obtained. |
| Findings / Results           | - Synopsis of the findings of the study, using key data to demonstrate the outcomes.  
- Avoid simply citing data, particularly in quantitative studies.  
- State statistical significance (quantitative studies)  
- Synthesis of the data and how it answers your research question.  
NEVER submit an abstract without results. |
| Summary and Discussion       | - Provide a short explanation of HOW the findings relate to the AIMS.  
- present EVIDENCE of the findings from your METHODS (to support the implications of your study = conclusions)  
- Critically define any weaknesses / strengths identified in your data |
| Conclusion                   | - What the research implies  
- IMPLICATIONS of the findings and  
- how they ADD to the existing knowledge |
| Learning Outcomes + Relevance to Nursing Practice | Relevance to Nursing and how the findings can be used/applied in Clinical Practice |
## Programme Overview

**SATURDAY, October 24, 2015**

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<thead>
<tr>
<th>Lecture Halls</th>
<th>E-2</th>
<th>E-3</th>
<th>E-5</th>
<th>E-6</th>
<th>ESGE Learning Area</th>
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<td><strong>14.00-15.30</strong></td>
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<td>Free Paper I</td>
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<td>Hygiene &amp; Infection control</td>
<td>Bronchoscopy</td>
<td>Workshop 12</td>
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<td>Colonoscopy</td>
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<td>Hygiene</td>
<td>Around the Colon</td>
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# Programme Overview

**MONDAY, October 26, 2015**

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>09.00-10:30</td>
<td><strong>Best Free Paper and Best Poster Award</strong></td>
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<td><strong>Adverse events and complications</strong></td>
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<td><strong>Invitation to next conferences</strong></td>
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<td>10:30 – 11:00</td>
<td><strong>Coffee</strong></td>
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<td><strong>Lunch</strong></td>
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<td>Visit of Exhibition</td>
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<td>UEGWeek Sessions</td>
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ESGENA-Scientific Programme on October 25, 2015

SESSION 1: New communication channels
09:00-10:30  Hall B-2
09:00-09:10  Welcome
09:10-09:30  Telemedicine in Gastroenterology – a tool for quality in patient care
09:30-09:50  Triage - Gastro nurse specialist in patient liason
09:50-10:10  Pre assessment and post procedure phone call – benefits and limitations
10:10-10:20  Industry presentation

SESSION 2: Education
09:00-10:30  Hall B-3
09:00-09:10  Welcome
09:10-09:30  Evidence or ignorance? The importance of evidence based thinking in clinical practice
09:30-09:50  Advanced roles for GE nurses - Upper GI function tests & swallowing disorders
09:50-10:10  Endoscopy Workforce – a helpful competency tool
10:10-10:30  Colorectal cancer screening: The role of the nurses in quality assurance

SESSION 3: Free Paper I
11.00-12:30  Hall B-2
6x oral presentation

SESSION 4: Bronchoscopy
11.00-12:30  Hall B-3
11:00-11:20  The risk of COPD for Endoscopy
11:20-11:50  Periphere EBUS vs EMN- advantages and disadvantages?
11:50-12:10  Management of lung bleeding during Bronchoscopy?
12:10-12:20  Lung Volumina Reduction - Different ways
12:20-12:30  Discussions
**Workshop 11: Hands-on Training on Bio Simulators**

11:00-12:30   ESGE Learning Area

Hands-on training on bio simulators (pig models) under the supervision of highly experienced tutors. Participants will have the opportunity to perform endoscopic techniques on the following topics:
- Upper GI Bleeding
- ERCP

As participation will be limited, registration will be treated on a first-come-first-served basis. Ticket will be available onsite only – at the entrance of the ESGE Learning Area.

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**Posterround I**

12:30-14:30   Poster area in front of Hall E-3

Posters to be included

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**Lunch Session 1: New Techniques & Developments**

This lunch session is organised by **ESGENA**

13:30-15:00   Hall B-2

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**Lunch Session 2: Hygiene & Infection Control**

This lunch session is organised by **ESGENA**

13:30-15:00   Hall B-3

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**Lunch Session 3: Bronchoscopy**

This lunch session is organised by **ESGENA**

13:30-15:00   Hall B-5

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**Workshop 12: Hands-on Training on Bio Simulators**

14:00-15:30   ESGE Learning Area

Hands-on training on bio simulators (pig models) under the supervision of highly experienced tutors. Participants will have the opportunity to perform endoscopic techniques on the following topics:
- Colonoscopy
- ERCP

As participation will be limited, registration will be treated on a first-come-first-served basis. Ticket will be available onsite only – at the entrance of the ESGE Learning Area.
SESSION 5: Free Paper II
15:00-16:30  Hall B-2
6x oral presentation

SESSION 6: Patient Care in GE
15:00-16:30  Hall B-3
15:00-15:15  Industry presentation
15:15-15:35  Establishing an IBD service within the endoscopy department – emphasis on the Nurse Role
15:35-15:55  Complications of parenteral nutrition at home
15:55-16:15  Post procedure care in the recovery area
16.15-16.30  Industry presentation

Posterround II
16.30-17.30  Poster area in front of Hall E-3
Posters to be included

SESSION 7: Hot topic Hygiene
17:00-18:30  Hall B-2
17:00-17:15  Industry presentation
17.15-17.35  Outbreaks in Endoscopy – a structured approach
17.35-17.55  MRSA, MRGN & Co - Problems of screening, treatment and hygiene
17:55-18.15  Update of ESGE-ESGENA-Guidelines on Hygiene and infection control – what is new?
18:15-18:30  Discussion
SESSION 8: Around the Colon

17:00-18:30  Hall B-3

17:00-17:20  Nursing model of preparing patients for colonoscopy
17:20-17:40  Water Colonoscopy – just nice pictures?
17:40-18:00  Quality of life in stoma patients – helpful tools
18:00-18:20  Follow-up in patients at high risk of colorectal cancer

ESGENA-Scientific Programme on October 26, 2015

SESSION 9: Complication - Prevention and Management

09:00-10:30

09:00-09:10  Best Free Paper and Best Poster Awards (sponsored by PENTAX)
The winner of the best free papers – oral presentation and the best poster presentations - will be announced. Presenting authors are requested to attend this session.

09:10-09:40  How to learn from adverse events and complications
09:40-10:00  Management of complications in GI Bleeding
10:00-10:20  Ergonomics in Endoscopy – how to avoid complications in health and safety issues
10:20-10:30  Invitation to the next ESGENA Conference 2016 in Vienna